

Laser Whitening

There are a few teeth whitening procedures available that correct discoloration of the teeth by removing the brown and yellow staining. While each work effectively, there are advantages and disadvantages to each procedure dependent upon your objectives and commitment to the processes. The type of procedures available should be discussed with your cosmetic dentist, and they will recommend the most appropriate teeth whitening procedure for you.

Using a laser with a whitening gel, this is an in-office whitening system. The translucent whitening gel is applied to the teeth and a laser light is used to activate the crystals to absorb the energy from the light and penetrate the teeth enamel to increase the lightening effect on the teeth. The length of time in the cosmetic dentist's chair depends on the degree of discoloration you have.

The advantage is that one visit is usually all it takes for a bright smile.

The disadvantage is that the sudden change in color is likely to be noticed by those around you immediately. This is



the more expensive of the procedures available, but also the quickest.

Costs can vary depending upon the area of the country you live in and the type of whitening treatment you undergo. Laser teeth whitening is typically over \$1,000 for the complete procedure.

Generally speaking, the price of teeth whitening increases with the number of in-office treatments required by the patient. Dental insurance does not typically cover the cost of the teeth whitening procedure.